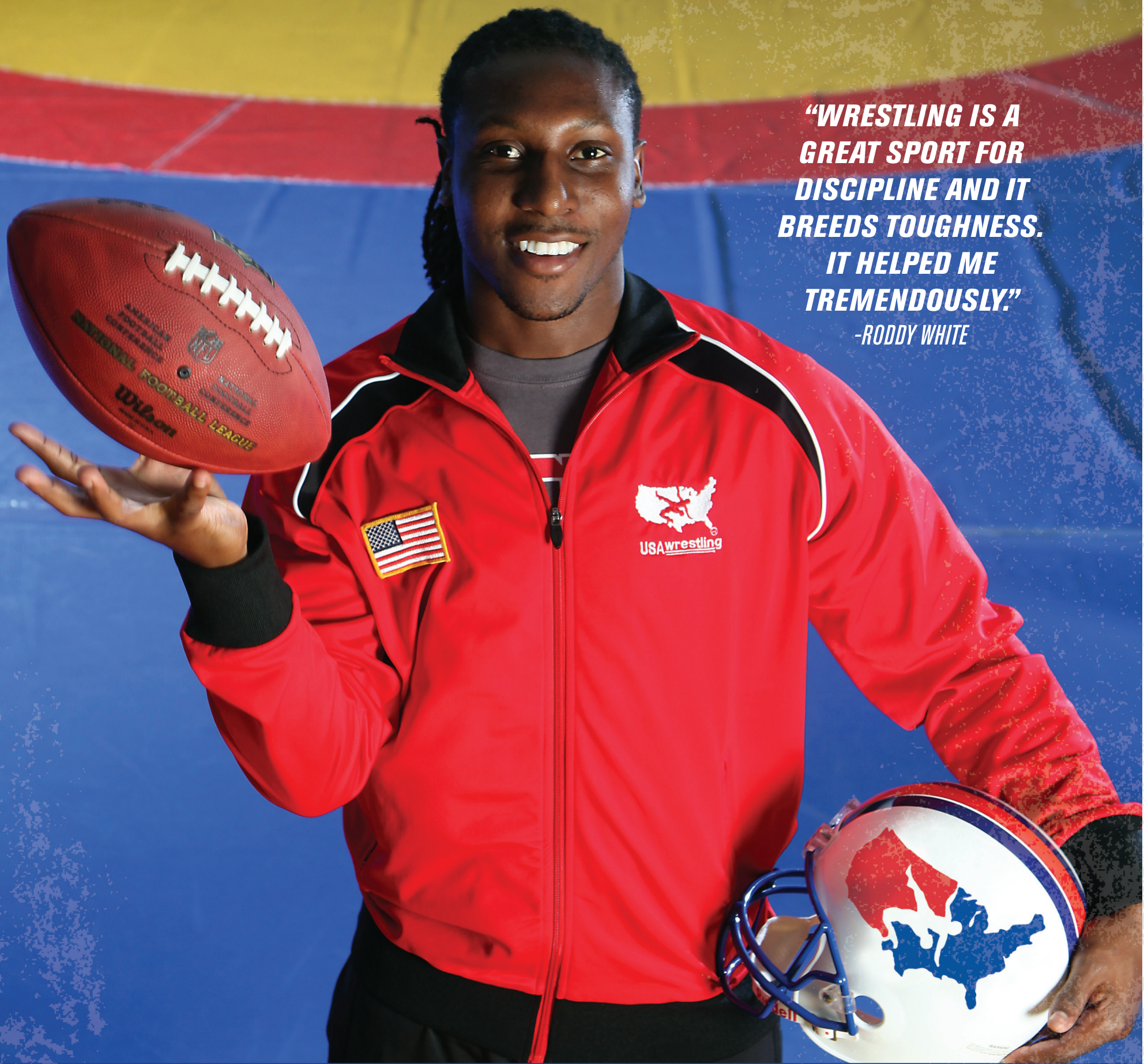


# RODDY WHITE IS A GREAT PRO FOOTBALL PLAYER



***"WRESTLING IS A  
GREAT SPORT FOR  
DISCIPLINE AND IT  
BREEDS TOUGHNESS.  
IT HELPED ME  
TREMENDOUSLY."  
-RODDY WHITE***

***BECAUSE OF THE TRAINING HE WENT THROUGH AS A WRESTLER***

Quickness, toughness, agility and power are all attributes that can be improved through wrestling. It's why some of the greatest football players in history rely on skills developed as wrestlers and why the best football coaches recruit wrestlers.

***ARE YOU READY TO BECOME A BETTER FOOTBALL  
PLAYER? ARE YOU TOUGH ENOUGH TO WRESTLE?***

CONTACT INFORMATION

[www.USAWrestling.org](http://www.USAWrestling.org)  
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